



Newsletter

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Greener Aberystwyth Group

www.aber-gag.org.uk

<https://www.facebook.com/aber.gag/>

Trees in Plas Crug



Several years ago GAG labelled different species of trees found along Plascrug Avenue.

GAG is now hoping to interest nearby primary schools in producing a worksheet using this facility as an educational resource.

GAG has always felt the need to encourage children to understand the natural world around them. Their appreciation will benefit all in years to come.

Discussions are in progress with teachers

Trees in Autumn

Here's a good suggestion from the Woodland Trust:

Being around trees can reduce stress so, as darker days arrive, it's important to get out. [There are so many things to see and do this season](#) – go bonkers for conkers or forage for woodland fare such as hazelnuts, sweet chestnuts and crab apples.

Many more ideas on:

<https://www.woodlandtrust.org.uk/>

Street trees lost

Aberystwyth has lost a number of street trees over the past few years, and other trees need some TLC if they are to survive. Here are just two examples.



In the Ystwyth Retail Park, three trees (arrowed above) are a cause for concern. The middle one has been broken off, and the other two are badly lop-sided.



We report a happier outcome in North Parade. Two trees (above, arrowed) have died. GAG has approached the Trunk Roads Agency, who are responsible for these trees. They are investigating the cause, and hope to plant replacements.

The Peril of the Strimmer



This young tree near the junction of Caradog Road and Llanbadarn Road suffered severe strimmer damage, presumably at the hands of a council employee or contractor. Such damage is totally inexcusable. Guards on powerful strimmers, when handled properly, prevent such damage occurring and of course tough plastic cones fitted around newly planted trees give further protection. Cones are very cheap compared to the cost of replacing a tree. Perhaps it's time that the Council reviews its tree planting policy and practice. GAG has approached CCC.

Grow your own!



This long line of planters behind Tesco originally contained beech trees, but they all died. Tesco are no longer responsible for them. Some planters already have flowers in them, but most remain empty. An opportunity for people wanting to grow their own flowers and vegetables? Contact afscommunityhub@gmail.com (see below)



Nearer to the bridge, another former Tesco planter shows what can be done.



These raised beds in Maes Gwenfrewi, North Road, were adopted and nicely planted under the auspices of Tyfu Aber Grow. This volunteer-led gardening group, which has been preparing beds around Aberystwyth for community gardening, sends us this message:

"We hope that by showcasing food growing, we can encourage more people to grow food and save seeds :) We are looking for community members to care for beds. Would you be interested in adopting one of the planters? For example, there are planters in Maes Gwenfrewi and at the back of Tesco that are looking for new guardians. If you are interested, there is the

Tyfu Aber Grow team that you can connect with to share seeds from the seed library, compost, and share seedlings in the spring :) Please let afscommunityhub@gmail.com know if you would be interested in getting involved and connected with the team." Website: <https://www.aberfoodsurplus.co.uk/>

AGM

The Annual General Meeting will probably take place in early December. The date will be announced on GAG Facebook and the GAG website when we have found a guest speaker.

Invasive Species



WaREN (Wales Resilient Ecological System) is an organisation which works through the North Wales Wildlife Trust and the Wildlife Trust of South and West Wales to tackle the problem of INNS (Invasive Non-native Species).

Invasive non-native species have been introduced by humans, intentionally or unintentionally, beyond their natural range. Their spread threatens native biological diversity and can cause damage to the environment, the economy, our health and the way we live. Invasive species can also impact on human health and the economy. For example, they were estimated to cost Wales at least £125 million in 2010, a cost which is likely to be increasing.

More information, including Newsletters, on: www.northwaleswildlifetrust.org.uk/waren

You can download a PDF version of the **WaREN Invasive Species Toolkit**, which aims to support volunteer action and help you tackle invasive species in Wales. This toolkit is a 'one-stop-shop' and should include all of the resources you need, including information on: **invasive species in Wales, best practice management, project planning, biosecurity and awareness raising**. There are lots of ways you can help tackle the threats posed by invasive species. This toolkit breaks down this information to help you protect our environment.

Cylchlythyr



Rhifyn 29 Hydref 2023

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Grŵp Aberystwyth Gwyrddach

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Coed ym Mhlas Crug



Ychydig o flynyddoedd yn ôl, gwnaeth GAG arwyddion i ddangos y mathau gwahanol o goed sy'n tyfu ym Mhlas Crug. Mae GAG yn gobeithio bellach creu diddordeb mewn ysgolion cyfagos i gynhyrchu taflen waith sy'n defnyddio'r lle fel adnodd addysgol. Mae GAG erioed wedi teimlo bod angen symblyu plant i ddeall y byd natur sydd o'u cwmpas. Bydd eu gwerthfawrogiad yn gwneud lles i bawb yn y blynnyddoedd i ddod. Mae trafodaethau ymlaen gydag athrawon.

Coed yr Hydref

Mae syniad da gan Ymddiriedolaeth y Coedwigoedd (Woodland Trust): *Mae bod yn agos i goed yn gallu lleihau straen, felly, â'r diwrnodau yn twyllu, mae hi'n bwysig i fynd allan.* [Mae cymaint o bethau i wneud yn y tymor hwn](#) – chwilio am gonycrys neu am fwyd y coedwigoedd megis cnau barfog, castanau ac afalau crabas. Am ragor o syniadau, ewch i: <https://www.woodlandtrust.org.uk/>

Colli coed yn ein strydoedd

Mae Aberystwyth wedi colli nifer o goed yn ei strydoedd dros y blynnyddoedd diwethaf, a mae coed eraill angen gwaith os byddant yn goroesi. Dyma ddwy enghraifft.



Ym Mharc Masnachu Ystwyth mae tair coeden (gw. y llun uchod) yn achosi pryder. Mae'r un yn y canol wedi ei thorri, ac mae'r ddwy arall yn ofnadwy o unochrog.



Mae newyddion gwell am Rodfa'r Gogledd. Bu farw dwy goeden (gw. llun uchod). Mae GAG wedi cysylltu ag Asiantaeth Cefnffyrrd Gogledd a Chanolbarth Cymru, sy'n gygrifol am y coed yma. Maent yn ymchwilio i'r achos, a gobeithio plannu coed newydd.

Perygl y peiriant strimio



Difrodwyd y goeden ifanc hon, sy'n agos i Ffordd Caradog a Ffordd Llanbadarn, yn ddifrifol gan beiriant strimio yn nwyo gweithiwr y cyngor sir neu gontactwr, yn ôl pob tebyg. Does dim esgus am y fath ddifrod. Mae gard i fod ar beiriant strimio pwerus sy'n ei rhwystro rhag achosu difrod. Hefyd, gellir ffitio côn plastig gwydn o gwmpas coeden newydd. Mae cost y côn yn rhad o'i gymharu â chost plannu coeden newydd. Tybed bod hi'n amser i'r cyngor adolygu ei bolisi am ofalu am goed. Mae GAG wedi cysylltu â'r cyngor sir.

Tyfwch lysiau eich hunan!



Yn wreiddiol, roedd coed ffawydd yn tyfu yn y rhes hir o'r cafnau hyn wrth ochr Tesco, ond buont farw i gyd. Dydy Tesco ddim yn gyfrifol amdanynt bellach. Mae rhai pobl wedi plannu blodau mewn ychydig o'r cafnau, ond mae'r rhan fwyaf yn dal yn wag. Cyfle i'r rhai sy eisiau tyfu llysiau a blodau ei hun, tybed? Cysylltwch ag: afscityhub@gmail.com (gweler isod)



Yn agosach i'r bont, mae cafn arall yn dangos beth sy'n bosibl.



Cafodd y pâm hir yma ym Maes Gwenfrewi, Ffordd y Gogledd, ei blannu gan unigolion yn llwyddiannus iawn o dan nawdd Tyfu Aber Grow. Mae'r grwp o wirfoddolwyr yma, sy wedi paratoi pamau i'w plannu o gwmpas Aberystwyth, wedi anfon y neges yma: "Gobeithiwn dynnu sylw at gynhyrchu bwyd er mwyn annog pobl i dyfu bwyd a chadw hadau. 😊 Edrychwn am aelodau cymuned i ofalu am bamau. A fyddai diddordeb gennych i fabwysiadu un o'r cafnau plannu? Er enghraift, mae cafnau plannu ym Maes Gwenfrewi a tu ôl i Tesco sy angen nodwyr. Os dymunwch, gallwch gysylltu â thîm Tyfu Aber Grow i siario hadau o'r llyfrgell hadau, siario compost, a siario planhigion

ifainc yn y gwanwyn. Gadewch wybod i afscityhub@gmail.com os dymunwch cymryd rhan." Wefan: <https://www.aberfoodsurplus.co.uk/>

Cyfarfod Blynnyddol

Bydd ein Cyfarfod Cyffredinol Blynnyddol yn cymryd lle tua dechrau mis Rhagfyr. Bydd y dyddiad yn cael ei gyhoeddi ar ein tudalen Facebook ac ar wefan GAG pan fyddwn wedi dod o hyd i siaradwr gwadd.

Rhywogaethau anfroddorol ymledol



Mae WaREN (Rhwydwaith Ecolegol Gwydn Cymru / Wales Resilient Ecological System) yn fudiad sy'n gweithio trwy Ymddiriedolaeth Natur Gogledd Cymru (North Wales Wildlife Trust) ac Ymddiriedolaeth Natur De a Gorllewin Cymru (Wildlife Trust of South and West Wales) i ddelio â phroblem rhywogaethau anfroddorol ymledol (INNS - Invasive Non-native Species).

Mae **rhywogaethau anfroddorol ymledol** wedi cael eu cyflwyno gan bobl, yn fwriadol neu yn anfwriadol, tu hwnt i'w hamrediad naturiol. Wrth ymledu maent yn bygwth amrywiaeth biolegol cynhenid ac yn achosi niwed i'r amgylchedd, yr economi, ein hiechyd a'n ffordd o fyw. Gall rhywogaethau ymledol effeithio hefyd ar ieched pobl a'r economi. Er enghraift, amcangyfrifwyd eu bod yn costio o leiaf [£125 miliwn](#) i Gymru yn 2010, cost sy'n debygol o fod yn cynyddu. Am ragor o wybodaeth, gan gynnwys *Cylchlythrau WaREN*, ewch i:

<https://www.northwaleswildlifetrust.org.uk/cy/waren>
Gallwch lawrlwytho fersiwn PDF o'r **Pecyn Adnoddau Rhywogaethau Ymledol WaREN (WaREN Invasive Species Toolkit)**, sy'n cefnogi gwaith grwpiau lleol a'ch helpu chi i fynd i'r afael â rhywogaethau ymledol yng Nghymru. Mae'r pecyn adnoddau yma'n 'siop un stop'. Dylai gynnwys yr holl adnoddau sydd arnoch eu hangen, gan gynnwys gwybodaeth am: **rhywogaethau ymledol yng Nghymru, rheoli arfer gorau, cynllunio prosiectau, bioddiogelwch a chodi ymwybyddiaeth**.

Mae llawer o ffurdd y gallwch chi helpu i fynd i'r afael â'r bygythiadau a achosir gan rhywogaethau ymledol. Mae'r pecyn adnoddau yma'n dadansoddi'r wybodaeth hon i'ch helpu chi i ddiogelu ein hamgylchedd.